



Elev8

Sit-Stand desking



Tel: 01480 220310
Fax: 01480 220307

Spotted Penguin
Edison House, Edison Close, Ransomes Europark
Ipswich, IP3 9GU
www.spottedpenguin.co.uk



Details & Features



Electric height adjustment

Elev8 uses electronic height adjustment technology used extensively within the health care industry, ensuring smooth and quite robust operation. The power is supplied through a standard 3 pin plug.



Adjustability

The three part leg offer adjustability from 635mm to 1285mm



Weight capacity

The electronic Linak motors are supported by a 5 year warranty and have a maximum weight loading of 130kg



Seating

Our selection of operator seating can be found in our seating section.

PG 196-227

Finish Options

Colours available in Beech, Maple, Oak, White and Walnut. Please add suffix when ordering eg. [EV16S](#) in Beech = [EV16SB](#)



Beech (B)



Maple (M)



Oak (O)



White (WH)



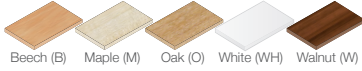
Walnut (W)



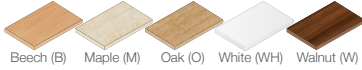
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Straight Desk

CODE	A	B
EV12S	1200	800
EV14S	1400	800
EV16S	1600	800
EV18S	1800	800



CODE	A	B
EV12WH	1200	800
EV14WH	1400	800
EV16WH	1600	800
EV18WH	1800	800



Silver frame



White frame



- Adjustability from 635mm to 1285mm
- 25mm thick top
- Choice of silver or white frame
- Two cable access ports

Accessories

For a full range of accessories please see our accessories section page 128

Note

When specifying please allow a 50mm space around all moving surfaces

Why opt for a sit-stand solution?

There are two main reasons for looking at a sit-stand desk solution. The ability to sit and stand during the average working day has huge health benefits to the user and it's this active working style that encourages increased staff productivity and reduced absenteeism. Major international research over recent years has produced evidence that sitting for more than 4 hours a day leads to:

- Disrupted blood sugar levels
- Increased insulin
- Increased blood pressure levels
- Enzymes responsible for burning harmful blood fats shutting down
- Leg muscles switch off

It doesn't matter what your level of physical activity, the result leads to an increased risk of heart disease, diabetes, cancer, weight gain and back ache.

Having the ability to sit, stand, sit, stand during the working day dramatically improves your health and wellbeing.*

*Data source: www.getbritainstanding.org





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